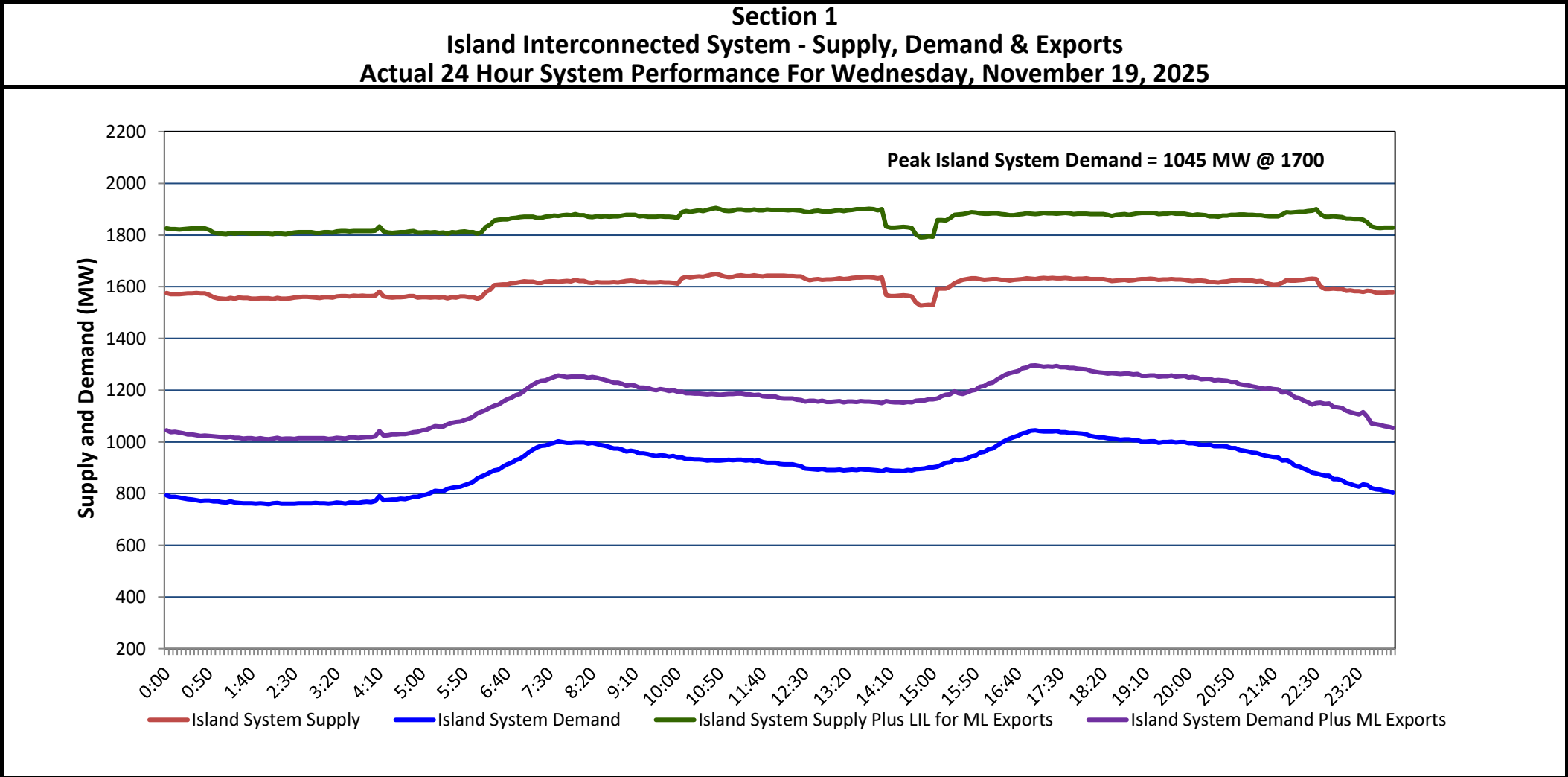


Newfoundland Labrador Hydro (NLH)

Supply and Demand Status Report Filed Thursday, November 20, 2025



Island Supply Notes For November 19, 2025¹

A

As of 0800 hours, March 30, 2025, Holyrood Unit 3 unavailable due to planned outage 130 MW (150 MW).

B

As of 0823 hours, March 31, 2025, Bay d'Espoir Unit 1 unavailable due to planned outage (76.5 MW).

C

As of 0823 hours, March 31, 2025, Bay d'Espoir Unit 2 unavailable due to planned outage (76.5 MW).

D

As of 0846 hours, November 02, 2025, Hinds Lake Unit unavailable due to planned outage (75 MW).

E

As of 1400 hours, November 04, 2025, St. Anthony Diesel Plant available at 7.7 MW due to forced derating (9.7 MW).

F

As of 0817 hours, November 14, 2025, Bay d'Espoir Unit 5 unavailable due to planned outage (76.5 MW).

G

As of 0817 hours, November 14, 2025, Bay d'Espoir Unit 6 unavailable due to planned outage (76.5 MW).

H

As of 1115 hours, November 17, 2025, Holyrood Unit 1 available at 100 MW due to forced derating (170 MW).

I

At 1403 hours, November 19, 2025, Cat Arm Unit 2 unavailable due to forced outage (67 MW).

J

At 1501 hours, November 19, 2025, Cat Arm Unit 2 available (67 MW).

Section 2

Island Interconnected System - Supply, Demand & Outlook

Thu, Nov 20, 2025	Island System Outlook ²	Seven-Day Forecast	Island System Daily Peak Demand (MW)	
			Forecast ⁸	Adjusted ⁶
Island System Supply: ⁴	1,625 MW	Thursday, November 20, 2025	1,065	973
NLH Island Generation: ^{3,7}	1,090 MW	Friday, November 21, 2025	1,020	928
NLH Island Power Purchases: ⁵	115 MW	Saturday, November 22, 2025	1,020	928
NP and CBPP Owned Generation:	160 MW	Sunday, November 23, 2025	1,025	933
LIL/ML Net Imports to Island: ⁹	260 MW	Monday, November 24, 2025	1,110	1,017
		Tuesday, November 25, 2025	1,120	1,027
7-Day Island Peak Demand Forecast:	1,185 MW	Wednesday, November 26, 2025	1,185	1,091

Island Supply Notes For November 20, 2025

Notes:

1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.

2. As of 0800 Hours.

3. Gross continuous unit output.

4. Gross output from all Island sources (including Note 3).

5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).

6. Adjusted for interruptible load and the impact of voltage reduction when applicable.

7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.

8. Does not include ML Exports.

9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

Section 3

Island Peak Demand and Exports Information

Previous Day Actual Peak and Current Day Forecast Peak

Wed, Nov 19, 2025	Island Peak Demand ¹⁰	17:00	1,045 MW
	Exports at Peak		251 MW
	LIL Net Imports to Island		6,457 MWh
Thu, Nov 20, 2025	Forecast Island Peak Demand		1,065 MW

Notes:

10. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).